

LOGF NOTES 01.27.19

All In This Together: Set Your Mind On The Spirit

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Memory Verse:

Romans 8:5 Those who live according to the sinful nature have their minds set on what that nature desires; but those who live in accordance with the Spirit have their minds set on what the Spirit desires.

A mind set on the sinful nature produces a sin-full life.

A mind set on the Spirit produces a spiritual life.

1. What you think about controls you.

Who is in control of you?

Ultimately, either the sinful nature is controlling you OR the Spirit of God.

1 John 2:15-17 Do not love the world or anything in the world. If anyone loves the world, the love of the Father is not in him. For everything in the world—the cravings of sinful man, the lust of his eyes and the boasting of what he has and does—comes not from the Father but from the world. The world and its desire pass away, but the man who does the will of God lives forever.

THE BIG THREE:

1. Greed
2. Lust
3. Pride

2. You can change your mind.

Romans 12:2 Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will.

Transformation always takes place through changing our mind.

If you want to transform for the better, than exchange your thoughts for God's thoughts!

Destroy the Wrong Thoughts!

Wrestle into Submission all Thoughts

2 Corinthians 10:5 We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ.

1. Destroy the wrong thoughts!
2. Wrestle every thought into submission to God's thoughts.

3. You can decide what you will think about.

Philippians 4:8 Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things.

Ephesians 4:22-24 You were taught, with regard to your former way of life, to put off your old self, which is being corrupted by its deceitful desires; to be made new in the attitude of your minds; and to put on the new self, created to be like God in true righteousness and holiness.

Colossians 3:2 Set your minds on things above, not on earthly things.

Review:

1. What you think about controls you.
2. You can change your mind.
3. You can to decide what you will think about.
4. Setting your mind on the sinful nature results in death.
Setting your mind on the Spirit results in life and peace.

Life Group Discussion

1. Discuss this week's memory verse.
Romans 8:5 Those who live according to the sinful nature have their minds set on what that nature desires; but those who live in accordance with the Spirit have their minds set on what the Spirit desires.
2. Share an example when you became aware of being controlled by what you were thinking.
3. Have you noticed any patterns in your self-identity that have come from early in your life. Patterns of behavior, insecurity, self-talk that you have identified as part of your identity? To help identify these...have you ever said something like "That's who I am..." or "I always..."
4. Becoming conscious of our subconscious is a difficult task. How do you think we can do this?
5. Why is it important to think about what we think about?
6. What are the benefits of changing your mind to better align with God's?
7. What is one pattern or thought or belief that you are you currently working on changing?