

LOGF NOTES 02.16.20

Abundant Life Mindset: God Works, I Rest

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Romans 3:21-22 But now apart from the law the righteousness of God has been made known, to which the Law and the Prophets testify. This righteousness is given through faith in Jesus Christ to all who believe.

Romans 5:17 For if, by the trespass of the one man, death reigned through that one man, how much more will those who receive God's abundant provision of grace and of the gift of righteousness reign in life through the one man, Jesus Christ!

Memory Verse:

Hebrews 4:10-11 Anyone who enters God's rest also rests from their works, just as God did from his. Let us, therefore, make every effort to enter that rest, so that no one will perish by following their example of disobedience. (which resulted from unbelief)

Exodus 3:8 So I have come down to rescue them from the hand of the Egyptians and to bring them up out of that land into a good and spacious land, a land flowing with milk and honey.

Jesus is our Moses! God sends His Son to save us! — John 3:16-18

God promises deliverance

Exodus 6:6-8 "Therefore, say to the Israelites: 'I am the LORD, and I will bring you out from under the yoke of the Egyptians. I will free you from being slaves to them, and I will redeem you with an outstretched arm and with mighty acts of judgment. ⁷I will take you as my own people, and I will be your God. Then you will know that I am the LORD your God, who brought you out from under the yoke of the Egyptians. ⁸And I will bring you to the land I swore with uplifted hand to give to Abraham, to Isaac and to Jacob. I will give it to you as a possession. I am the LORD.

In Jesus we see God saying to us today...

- I will forgive you of your sin.
- I will be with you and in you.
- I will free you from your bondage.
- I will lead you and guide you.
- I will redeem you from your hurt.
- I will finish what I started in you.
- I will adopt you as my own child.

Who is doing all of the work? God is! What are you doing? Resting, Trusting, Obeying.

The Israelites find salvation through the blood of the lamb — Exodus 12:3, Exodus 12:6-8

Exodus 12:13 The blood will be a sign for you on the houses where you are, and when I see the blood, I will pass over you. No destructive plague will touch you

Exodus 12:22-23, Exodus 12:27

The Israelites experience blessings and healing.

Exodus 12:35-36 The LORD had made the Egyptians favorably disposed toward the people, and they gave them what they asked for; so they plundered the Egyptians.

Psalms 105:37 (NKJV) He also brought them out with silver and gold, and there was none

feeble among His tribes.

The enemy is destroyed — Exodus 14:30

Exodus 14:14 The LORD will fight for you; you need only to be still.”

Take Your Seat — Ephesians 1:15-23

Ephesians 2:6 And God raised us up with Christ and seated us with him in the heavenly realms in Christ Jesus

Take your seat: to live from a place of rest, a “finished” work, a trusting in God for everything. --Does not mean we don't work with all our might, it means while we work we do so from a place of rest, not striving...from trusting, not fear.

Temptation: to stand up: to take on the pressure, to be offended, to strive, to worry, to stress... When we stand up, we are no longer resting. When we work, God is resting...or stepping back. Why? Because we are taking control instead of trusting in Him with control. When we rest, God is at work. When we work, God rests. We were created to completely depend on God...to live from a place of rest and a place of abundance!

Obedience is not how you earn the abundant life (the promised land), because it is already given to you. Obedience is how you access the abundant life...obedience is what happens when you believe (have faith).

What was their disobedience?

Hebrews 3:19 So we see that they were not able to enter, because of their unbelief.

Hebrews 4:1-3 Therefore, since the promise of entering his rest still stands, let us be careful that none of you be found to have fallen short of it. For we also have had the gospel preached to us, just as they did; but the message they heard was of no value to them, because those who heard did not combine it with faith. Now we who have believed enter that rest....And yet his work has been finished since the creation of the world.

Summary:

Israelites were freed from slavery and given a new destiny.

Israelites became instantly wealthy and healthy.

Israelites were given complete victory over their enemy.

Life Group Discussion

1. Discuss the memory verse for the week and what it means to you. Hebrews 4:10-11
2. How does seeking “His righteousness” open the door for “all these things” being added to you?” Matthew 6:33
3. From Exodus 6:6-8 we read 7 “I wills” from God. How does this list mirror what Jesus has done for you and me at the cross?
4. Discuss our need to switch our mindset from a “What must I do?” to a “It is finished” mindset. What's the difference?
5. According to Hebrews 4:10-11, what are we to strive to do? How do we do this?
6. How does faith, obedience and abundant life working together?