

LOGF NOTES 05.26.19

Proverbs: Your Smart Guide for Living—The Power of Words

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Memory Verse:

Proverbs 18:21 The tongue has the power of life and death, and those who love it will eat its fruit.

Principle #1: Words Have Power to Create Life or Death

Proverbs 21:23 Those who guard their mouths and their tongues keep themselves from calamity.

Principle #2: The Right Word at the Right Time can have a Huge Impact.

Proverbs 15:23 A person finds joy in giving an apt reply— and how good is a timely word!

Principle #3: Words Should be Carefully Measured (Don't talk too much)

Proverbs 10:19 (AMP) When there are many words, transgression and offense are unavoidable, But he who controls his lips and keeps thoughtful silence is wise.

Principle #4: Gossip Destroys Friendships and Harms People.

Proverbs 26:20 Without wood a fire goes out; without a gossip a quarrel dies down. As charcoal to embers and as wood to fire, so is a quarrelsome person for kindling strife.

Principle #5: Gentle Words Suppress Conflict, but Harsh Words Stimulate Conflict.

Proverbs 15:1 A gentle answer turns away wrath, but a harsh word stirs up anger.

Principle #6: Word Curses can be Rejected and Broken.

Proverbs 12:13 Evildoers are trapped by their sinful talk, and so the innocent escape trouble.

Proverbs 26:2 Like a fluttering sparrow or a darting swallow, an undeserved curse does not come to rest.

Principle #7: Sarcasm and Harsh Joking are Harmful.

Proverbs 26:18-19 Like a maniac shooting flaming arrows of death is one who deceives their neighbor and says, "I was only joking!"

Principle #8: Good Words Heal and Promote Life.

Proverbs 12:18 The words of the reckless pierce like swords, but the tongue of the wise brings healing.

Principle #9: Honesty is the Best Policy.

Proverbs 12:22 The LORD detests lying lips, but he delights in people who are trustworthy.

Principle #10: Good Words Protect; Bad Words Destroy.

Proverbs 18:6-7 The lips of fools bring them strife, and their mouths invite a beating. The mouths of fools are their undoing, and their lips are a snare to their very lives.

Proverbs 14:3 A fool's mouth lashes out with pride, but the lips of the wise protect them.

Summary

1. Words have power to create life or death.
2. The right word at the right time can have a huge impact.
3. Words should be carefully measured (Don't talk too much).
4. Gossip destroys friendships and harms people.
5. Gentle words suppress conflict; Harsh words stimulate conflict.
6. Word curses can be rejected and broken.
7. Sarcasm and harsh joking are harmful.
8. Good words heal and promote life.
9. Honesty is the best policy.
10. Good words protect; bad words destroy.

Life Group Discussion:

1. Discuss the Memory Verse of the week:
Proverbs 18:21 The tongue has the power of life and death, and those who love it will eat its fruit.
2. Tell a story of when words had a profound impact on your life (either positive or negative).
3. Briefly discuss each principle as a group.
4. Which principle do you need to work on the most moving forward?