

LOGF NOTES 06.28.20

Walk by the Spirit

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Galatians 5:22-23 But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, gentleness and self-control.

Galatians 5:16-18, 22-26 So I say, walk by the Spirit, and you will not gratify the desires of the flesh. ¹⁷For the flesh desires what is contrary to the Spirit, and the Spirit what is contrary to the flesh. They are in conflict with each other, so that you are not to do whatever you want. ¹⁸But if you are led by the Spirit, you are not under the law. ²²But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, ²³gentleness and self-control. Against such things there is no law. ²⁴Those who belong to Christ Jesus have crucified the flesh with its passions and desires. ²⁵Since we live by the Spirit, let us keep in step with the Spirit. ²⁶Let us not become conceited, provoking and envying each other.

Memory Verse:

Galatians 5:25 Since we live by the Spirit, let us keep in step with the Spirit.

Do you understand that you were made to be filled with God's Spirit and to depend on God's Spirit to live in you and to live through you...bringing life to you?

Galatians 6:7-8 Do not be deceived: God cannot be mocked. A man reaps what he sows. Whoever sows to please their flesh, from the flesh will reap destruction; whoever sows to please the Spirit, from the Spirit will reap eternal life.

Romans 8:3-8 For what the law was powerless to do because it was weakened by the flesh, God did by sending his own Son in the likeness of sinful flesh to be a sin offering. And so he condemned sin in the flesh, ⁴in order that the righteous requirement of the law might be fully met in us, who do not live according to the flesh but according to the Spirit. ⁵Those who live according to the flesh have their minds set on what the flesh desires; but those who live in accordance with the Spirit have their minds set on what the Spirit desires. ⁶The mind governed by the flesh is death, but the mind governed by the Spirit is life and peace. ⁷The mind governed by the flesh is hostile to God; it does not submit to God's law, nor can it do so. ⁸Those who are in the realm of the flesh cannot please God.

Romans 8:13-14 For if you live according to the flesh, you will die; but if by the Spirit you put to death the misdeeds of the body, you will live. For those who are led by the Spirit of God are the children of God.

How do we Walk by the Spirit?

1. We set our minds on what the Spirit desires. (Fill our minds with God's Word)

Romans 8:5-6 Those who live according to the flesh have their minds set on what the flesh desires; but those who live in accordance with the Spirit have their minds set on what the Spirit desires. The mind governed by the flesh is death, but the mind governed by the Spirit is life and peace.

Colossians 3:2 Set your minds on things above, not on earthly things.

2. We sow to please the Spirit. (Life a life of LOVE)
Galatians 6:8 Whoever sows to please their flesh, from the flesh will reap destruction; whoever sows to please the Spirit, from the Spirit will reap eternal life.

What pleases the Spirit? LOVE!
Ephesians 5:1-2

3. We rely on the Spirit working in us. (We trust & obey from a position of righteousness)
Philippians 2:13 For it is God who works in you to will and to act in order to fulfill his good purpose.

Hebrews 13:20-21

Main Results of Living in the Spirit...

1. Life: fruits of the Spirit
Romans 14:17-18 For the kingdom of God is not a matter of eating and drinking, but of righteousness, peace and joy in the Holy Spirit, because anyone who serves Christ in this way is pleasing to God and receives human approval.
2. Sanctification: Christ is revealed in us
1 Thess. 5:23-24 May God himself, the God of peace, sanctify you through and through. May your whole spirit, soul and body be kept blameless at the coming of our Lord Jesus Christ. The one who calls you is faithful, and he will do it.
3. Fruitfulness: God produces life in others through us
John 15:5-8 "I am the vine; you are the branches. If you remain in me and I in you, you will bear much fruit; apart from me you can do nothing. ⁶If you do not remain in me, you are like a branch that is thrown away and withers; such branches are picked up, thrown into the fire and burned. ⁷If you remain in me and my words remain in you, ask whatever you wish, and it will be done for you. ⁸This is to my Father's glory, that you bear much fruit, showing yourselves to be my disciples.

2 Thessalonians 2:13 But we ought always to thank God for you, brothers loved by the Lord, because from the beginning God chose you to be saved through the sanctifying work of the Spirit and through belief in the truth.

Life Group Discussion

1. What does this week's memory verse mean to you: Galatians 5:25 "Since we live by the Spirit, let us keep in step with the Spirit."
2. What is the difference you feel when you are walking by the Spirit and you are not walking by the Spirit?
3. How do you remind yourself or in what ways do you train yourself to walk by the Spirit instead of by the flesh?
4. Have you ever tried to produce the fruits of the Spirit through the strength of your flesh? How did that go? Discuss how the fruits of the Spirit come from living in the Spirit, not pursuing the fruits themselves. Doesn't this seem like a paradox?
5. Celebrate the benefits of walking in the Spirit together by discussing them: 1) Fruits of the Spirit, 2) Sanctification (becoming more like Jesus) and 3) Fruitfulness.