

# LOGF NOTES 07.26.20

Worship in the Spirit and in Truth: Tehillah: wk 3

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## Memory Verse:

Psalm 34:1 I will extol the LORD at all times; his praise will always be on my lips.

Ephesians 5:18-19 Do not get drunk on wine, which leads to debauchery. Instead, be filled with the Spirit, speaking to one another with psalms, hymns, and songs from the Spirit.  
Sing and make music from your heart to the Lord.

Tehillah: spontaneous singing of praises out of an overflow of the heart

# תהלה

## Pictographic Meaning

Looking at, beholding Jesus...what he has done on the cross and His ultimate authority in our lives.

**When we look at who Jesus is and what he has done on the cross...our response should be TEHILLAH!**

Colossians 1:15-20

Colossian 2:13-15

Hebrews 12:1-2 ...fixing our eyes on Jesus

Hebrews 3:1 ...fix your thoughts on Jesus

1 Peter 2:24 "He himself bore our sins" in his body on the cross, so that we might die to sins and live for righteousness; "by his wounds you have been healed."

## Proclaim Jesus every day!

Psalm 96:1-2 Sing to the LORD a new song; sing to the LORD, all the earth. Sing to the LORD, praise his name; proclaim his salvation [Jesus] day after day.

- I need to sing praises to God.  
Psalm 100:4 Enter his gates with thanksgiving and his courts with praise; give thanks to him and praise his name.

Psalm 34:1 I will extol the LORD at all times; his praise will always be on my lips.

- My praise is to be personal and from my heart.  
Psalm 40:3 He put a new song in my mouth, a hymn of praise to our God.
- I must worship God in Spirit and truth.  
John 4:24 God is spirit, and his worshipers must worship in the Spirit and in truth.

Psalm 22:3 (NKJV) But You are holy, enthroned in the praises of Israel.

**Life Group Discussion Questions:**

1. Discuss this week's memory verse and why this is both a challenge to do, but also a blessing if done: Psalm 34:1 I will extol the LORD at all times; his praise will always be on my lips.
2. Ephesians 5:18-19 contrasts being filled with alcohol versus being filled with the Spirit. What are the different results of these two contrasting activities?
3. Tehillah in the pictographic definition may be rendered: "behold the cross, behold authority". What does this have to do with worship or praise?
4. What is the essence of "Tehillah"? What kind of worship is it? And what happens as a result of this kind of worship?
5. How often are we to worship God?
6. Who are we to be proclaiming and focusing on in our worship every day (Psalm 96:1-2)?

