

LOGF NOTES 11.12.17

Freedom: Why Do I Do what I do?

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The process of freedom:

My mind needs renewing, my will needs submitting and my emotions need healing!

Psalm 23:1-3 He restores my soul

Sometimes our quest for freedom leads us to solutions that make our situation worse.

self improvement is not the solution.

Prov. 14:12 There is a way that seems right to a man, but its end is the way of death.

Freedom only comes from Jesus, not ourselves.

Isaiah 61:1-3 He has sent me to bind up the brokenhearted, to proclaim freedom for the captives and release from darkness for the prisoners

We are renewing our mind with God's truth.

We are entrusting our wills to God's will.

We are releasing our hurt and pain in order to experience God's comfort and healing.

Woman with bleeding condition.

Mark 5:24-34

Summary: She made a shift from fixing her own problem to trusting in God with her problem. She received faith from what she heard about Jesus and the promises in God's Word. Her thoughts created a perception which led to action which led to healing and freedom.

We inherit the promises of God through faith and patience.

Hebrews 6:12 [Be] imitators of those who through faith and patience inherit the promises.

Faith comes from hearing the Word of God...hearing about Jesus!

Romans 10:17 Consequently, faith comes from hearing the message, and the message is heard through the word about Christ.

Your mind needs to hear the truth. When you agree with God's word...that's called faith.

To fight the good fight of faith is to command your mind to hear and agree with God's word. Faith is the opposite of doubt and fear.

Why Do I Do What I Do?

Thinking → Perception → Desires → Choices/Action → Experience → Quality of Life

How much of who I am today is from my self identity and self preservation vs. my God identity?

Proverbs 21:23 (NASB) He who guards his mouth and his tongue, Guards his soul from troubles.

Proverbs 4:20-24 ²³ Above all else, guard your heart, for everything you do flows from it.

Life Group Discussion

1. How much of who you are today is from your self-identity or your self preservation vs. your God identity (true self)?
2. Is there a vow, a promise, a decision or have you adopted an attitude or a defense mechanism at some point in your life? Can you share what it is with the group?
3. Why did you make this vow or promise or respond how you did?
4. How has this vow or promise or attitude affected your life?
5. Through the eyes of the Holy Spirit how do you see that situation or circumstance now? In other words, how does God see that situation...what is true?
6. Are you ready to break that vow or promise or attitude to be free? What is the truth that you are replacing it with?

Memory Verse:

Proverbs 4:23 Above all else, guard your heart, for everything you do flows from it